

SSA Menu Week One

Menu for the 1st week of the Month



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Raisin Bread Applesauce Milk	Waffles Peaches Milk	Biscuits Pears Milk	Muffins Apples Milk	Cereal Bananas Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Nuggets Green Beans Peaches Milk	Meatballs/Pasta Salad Pears Milk	Hamburger Mashed Potatoes Mixed Fruit Milk	Chicken Alfredo Broccoli Pineapple Milk	Pizza Carrots Fruit Milk
Snack	Snack	Snack	Snack	Snack
Chex Mix Water	Nilla wafers Water	Cheese/Crackers Water	Graham Crackers Water	Cheez It's Water



SSA Menu Week Two

Menu for the 2nd week of the Month



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cereal Raisins Milk	French Toast Applesauce Milk	Waffles Pears Milk	Muffins Apples Milk	Raisin Bread Peaches Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Fish Sticks Green Beans Peaches Milk	Stir Fry Peas & Carrots Pineapple Milk	Corn Pups French Fries Apples Milk	Ravioli Corn Mixed Fruit Milk	Pizza Carrots Fruit Milk
Snack	Snack	Snack	Snack	Snack
Cheez It's Water	Graham Crackers Water	Cheese & Crackers Water	Nilla Wafers Water	Chex Mix Water



SSA Menu Week Three

Menu for the 3rd week of the Month



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cereal Raisins Milk	Pancakes Pears Milk	Biscuits Apples Milk	Waffles Applesauce Milk	Muffins Peaches Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Grilled Cheese Green Beans Peaches Milk	Hamburgers Mashed Potatoes Mixed Fruit Milk	Quesadillas Corn Pears Milk	Meatballs/Pasta Salad Apples Milk	Pizza Carrots Fruit Milk
Snack	Snack	Snack	Snack	Snack
Cheez It's Water	Nilla Wafers Water	Chex Mix Water	Cheese & Crackers Water	Graham Crackers Water



SSA Menu Week Four

Menu for the 4th week of the Month



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Biscuits Peaches Milk	Waffles Applesauce Milk	Raisin Bread Bananas Milk	Muffins Pears Milk	Cereal Raisins Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Ravioli Corn Mixed Fruit Milk	Chicken Nuggets Green Beans Pears Milk	Mac & Cheese Peas Peaches Milk	Stir Fry Peas & Carrots Pineapple Milk	Pizza Carrots Fruit Milk
Snack	Snack	Snack	Snack	Snack
Nilla Wafers Water	CheX Mix Water	Graham Crackers Water	Cheez It's Water	Cheese & Crackers Water



SSA Menu Week Five

Menu for the 5th week of the Month

* only when applicable



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Raisin Bread Apples Milk	Muffins Pears Milk	French Toast Peaches Milk	Waffles Bananas Milk	Cereal Raisins Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Grilled Cheese Green Beans Pears Milk	Corn Pups French Fries Apples Milk	Chicken Alfredo Broccoli Mixed Fruit Milk	Chicken Nuggets Corn Peaches Milk	Pizza Carrots Fruit Milk
Snack	Snack	Snack	Snack	Snack
Chex Mix Water	Nilla Wafers Water	Cheese & Crackers Water	Graham Crackers Water	Cheez It's Water

